



Performance Report for: <https://www.gmnbt.com/>

Report generated: Tue, Nov 21, 2023 1:15 PM -0800
 Test Server Location: Vancouver, Canada
 Using: Chrome 117.0.0.0, Lighthouse 11.0.0

A	Performance	Structure	L. Contentful Paint	T. Blocking Time	C. Layout Shift
	97%	87%	1.1s	27ms	0.01

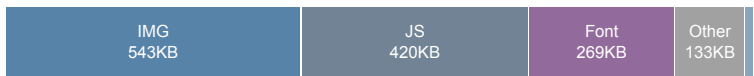
Top Issues

IMPACT	AUDIT	
Med	Use explicit width and height on image elements <small>CLS</small>	18 images found
Med-Low	Use a Content Delivery Network (CDN)	31 resources found
Med-Low	Avoid CSS @import <small>FCP LCP</small>	1 resource found
Low	Eliminate render-blocking resources <small>FCP LCP</small>	Potential savings of 174ms
Low	Avoid an excessive DOM size <small>TBT</small>	1,052 elements

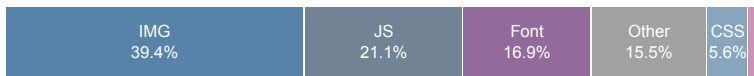
Page Details



Total Page Size - 1.36MB



Total Page Requests - 71



■ HTML
 ■ JS
 ■ CSS
 ■ IMG
 ■ Video
 ■ Font
 ■ Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

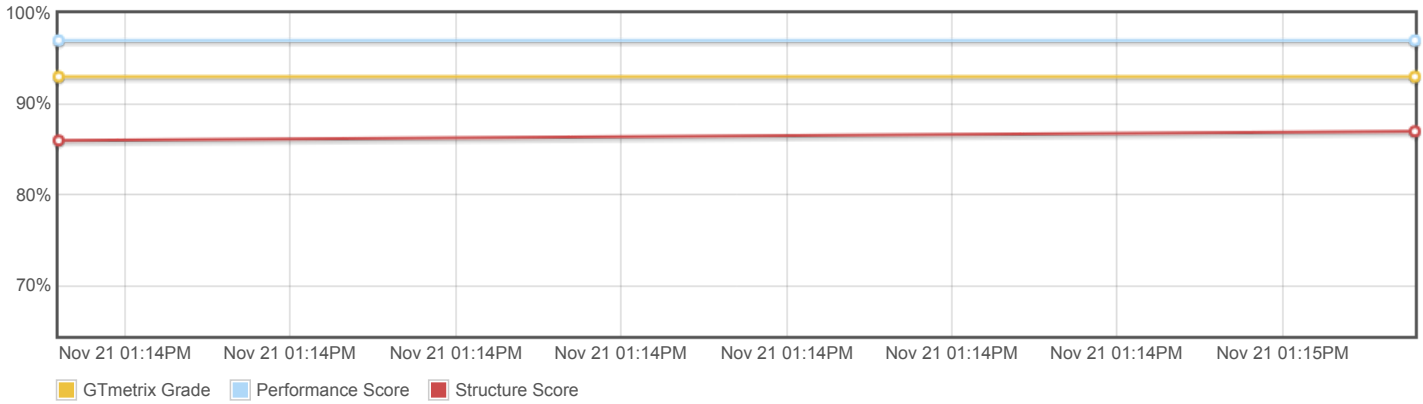
About GTmetrix

CARBON60
THE MANAGED CLOUD COMPANY

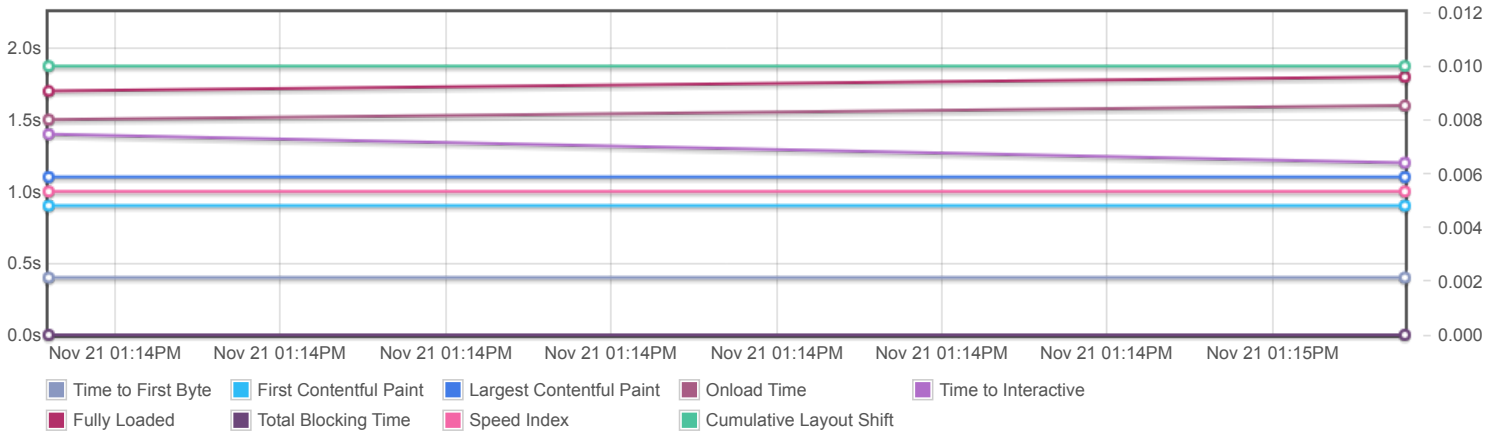
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 27 years experience in web technology.

<https://carbon60.com/>

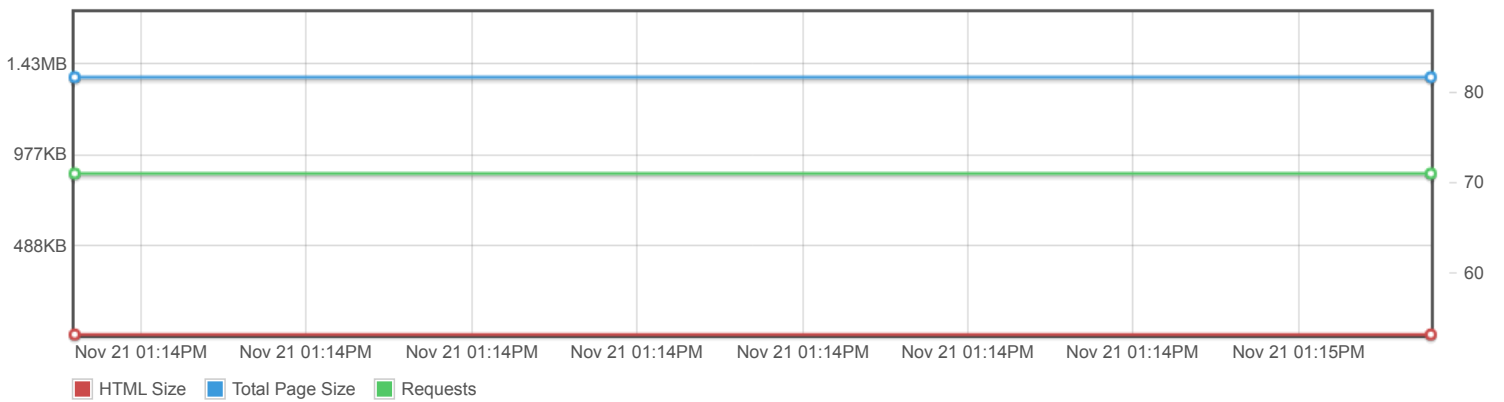
Page scores



Page metrics

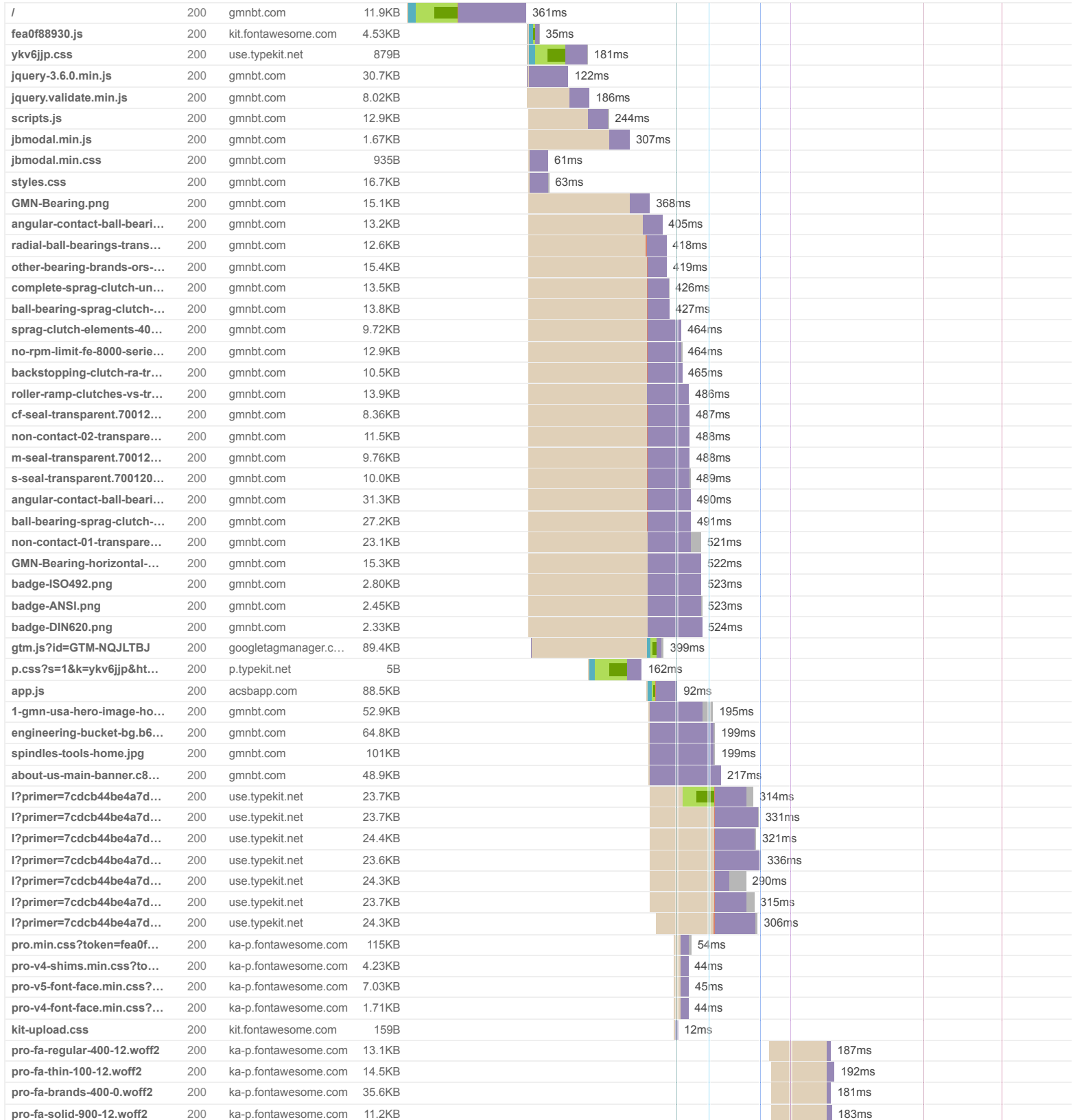


Page sizes and request counts

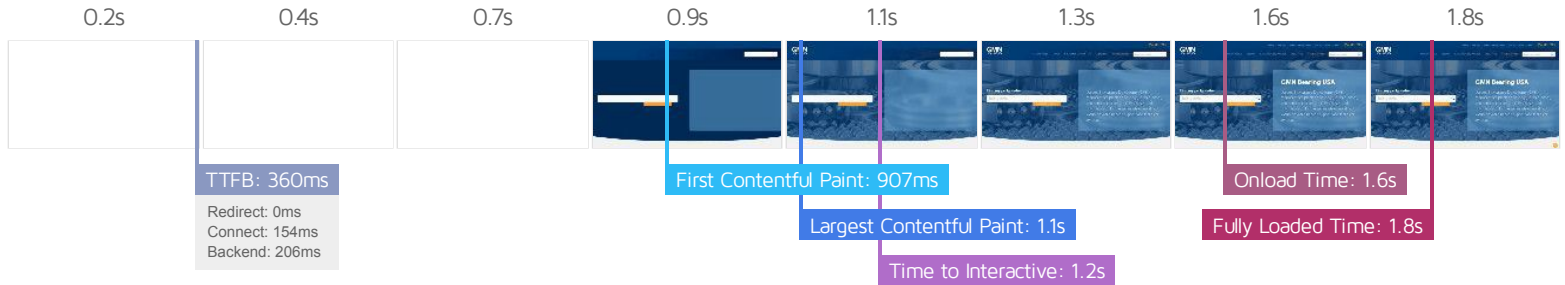


The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

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pro-fa-duotone-900-12.wo...	200	ka-p.fontawesome.com	26.4KB						183ms	
config.json	200	cdn.acsbapp.com	716B						56ms	
js?id=G-FD62D1EQGQ&I=...	200	googletagmanager.c...	90.4KB						41ms	
bat.js	200	bat.bing.com	12.9KB						46ms	
10802378935?random=17...	200	googleads.g.doublec...	1.25KB						73ms	
hotjar-2903332.js?sv=7	200	static.hotjar.com	3.94KB						196ms	
loader.js	200	gstatic.com	1.31KB						46ms	
call-tracking_7.js	200	gstatic.com	18.3KB						20ms	
10802378935?random=17...	200	google.com	42B						48ms	
10802378935?random=17...	200	google.ca	42B						73ms	
26177939.js	204	bat.bing.com	116B						13ms	
0?ti=26177939&tm=gtm00...	204	bat.bing.com	360B						16ms	
wcm?cc=ZZ&dn=8003235...	302	googleadservices.com	0						69ms	
modules.78e2d840330353...	200	script.hotjar.com	55.7KB						54ms	
wcm?cc=ZZ&dn=8003235...	200	google.ca	87B						29ms	
site.webmanifest	200	gmnbt.com	365B						60ms	237ms
favicon.ico	200	gmnbt.com	1.52KB						60ms	
favicon.png	200	gmnbt.com	1.41KB						63ms	
71 Requests		1.36MB (3.02MB Uncompressed)								1.8s (Onload 1.6s)



Performance Metrics

<p>First Contentful Paint</p> <p>How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.</p>	<p>Good - Nothing to do here</p> <p>907ms</p>	<p>Time to Interactive</p> <p>How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.</p>	<p>Good - Nothing to do here</p> <p>1.2s</p>
<p>Speed Index</p> <p>How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.</p>	<p>Good - Nothing to do here</p> <p>1.0s</p>	<p>Total Blocking Time</p> <p>How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.</p>	<p>Good - Nothing to do here</p> <p>27ms</p>
<p>Largest Contentful Paint</p> <p>How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.</p>	<p>Good - Nothing to do here</p> <p>1.1s</p>	<p>Cumulative Layout Shift</p> <p>How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.</p>	<p>Good - Nothing to do here</p> <p>0.01</p>

Browser Timings

Redirect	0ms	Connect	154ms	Backend	206ms
TTFB	360ms	DOM Int.	805ms	DOM Loaded	812ms
First Paint	907ms	Onload	1.6s	Fully Loaded	1.8s

IMPACT	AUDIT	
Med	Use explicit width and height on image elements CLS	18 images found
Med-Low	Use a Content Delivery Network (CDN)	31 resources found
Med-Low	Avoid CSS @import FCP LCP	1 resource found
Low	Eliminate render-blocking resources FCP LCP	Potential savings of 174ms
Low	Avoid an excessive DOM size TBT	1,052 elements
Low	Allow back/forward cache restoration	2 failure reasons
Low	Preconnect to required origins FCP LCP	Potential savings of 83ms
Low	Avoid enormous network payloads LCP	Total size was 1.37MB
Low	Properly size images	Potential savings of 44.9KB
Low	Serve static assets with an efficient cache policy	Potential savings of 5.32KB
Low	Ensure text remains visible during webfont load FCP LCP	7 fonts found
Low	Avoid long main-thread tasks TBT	2 long tasks found
Low	Reduce JavaScript execution time TBT	245ms spent executing JavaScript
Low	Reduce unused CSS FCP LCP	Potential savings of 160KB
Low	Serve images in next-gen formats	Potential savings of 306KB
Low	Reduce initial server response time FCP LCP	Root document took 205ms
Low	Defer offscreen images	Potential savings of 22.9KB
Low	Minify CSS FCP LCP	Potential savings of 3.66KB
Low	Avoid non-composited animations CLS	8 animated elements found
Low	Minify JavaScript FCP LCP	Potential savings of 2.66KB
Low	Avoid chaining critical requests FCP LCP	16 chains found
Low	Reduce unused JavaScript LCP	Potential savings of 174KB
N/A	Largest Contentful Paint element LCP	1,060 ms

N/A	Avoid serving legacy JavaScript to modern browsers TBT	Potential savings of 123B
N/A	Avoid large layout shifts CLS	5 elements found
N/A	Minimize main-thread work TBT	Main-thread busy for 867ms
N/A	Reduce the impact of third-party code TBT	Total size was 773KB
N/A	User Timing marks and measures	